

2010 International Neonatal Nursing Conference, Durban, South Africa

Kangaroo Mother Care Workshop

Members of the South African MRC Unit for Maternal and Infant Health Care Strategies' will conduct a workshop in collaboration with international kangaroo mother care (KMC) enthusiasts and experts on Sunday, 24 October 2010.

The workshop will be presented in two parts. The first part will be an induction into KMC, with the focus on interactive learning between novices and experienced KMC practitioners. The second part will provide a platform for experienced KMC practitioners to showcase their practices and share research related to infants receiving skin-to-skin care (kangaroo care) or the whole KMC package. Participants enrolling for the KMC workshop will be contacted before the conference to enquire on their interest in and experience of KMC, so that all participants will have a significant role in each session.

Part 1. Introduction to kangaroo mother care

Target audience: KMC novices interacting with experienced KMC practitioners

Aim: To provide an overview and understanding of the fundamentals of KMC

Focus:

- KMC practical components
- Position, methods of tying infants
- Feeding - policies, feeding premature infants, breastfeeding
- Benefits of KMC
- Indications, advantages and contra-indications for KMC
- Basic KMC implementation strategies
- Nursing care of KMC infants - standards
- Follow up of KMC infants - policy etc
- Discharge policies
- Special documentation - records, brochures, policy, information leaflets
- Important aspects of supporting mothers in KMC
- Role of the multidisciplinary team, including dieticians, physio-, occupational and speech-language therapists, social workers
- Education of health care staff - educational material, posters etc

Facilitators: Experienced international KMC practitioners

Part 2. Kangaroo mother care in action

Target audience: Open to the KMC expert and KMC novice

Aim: To provide a platform for global KMC interaction and knowledge exchange

Focus:

- KMC practical and implementation:
- experiences
- knowledge sharing
- lessons learned
- networking
- policy development and implementation
- multi-disciplinary involvement

Presenters:

International respondents to the invitation to participate

Topics under discussion:

Variety depending on the types of interest from delegate respondents

Please contact the Conference Secretariat, The Conference Company for further should you need further clarification